

1 **Expression and distribution of activin-follistatin-inhibin axis in the urinary**
2 **bladder**

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24 **Abstract**

25 The activin-follistatin-inhibin (AFI) axis plays a crucial role in sexual development and
26 reproduction. Recently it was demonstrated that these proteins are also synthesized by many local
27 tissues and regulate different biological activities, including tissue regeneration and cancer
28 metastasis. However, little is known about the expression profile of the AFI axis in the bladder and
29 its role in bladder function and dysfunction. We have examined the expression profile of 11 AFI
30 family members in the mouse bladder. INHA, INHBA, and follistatin are the major ligand subunits
31 detected among the six examined in the bladder. ACVR1, ACVR1B, and ACVR2B are the major
32 receptor subunits detected among the five examined in the bladder. Immunolocalization studies
33 reveal unique cellular distributions of these ligands and receptors within the bladder. The urothelial-
34 localized ACVR2B/ACVR1B receptor complex suggests a role of activin signaling in urothelial
35 function. The stimulatory activin A is present only in a subset of interstitial cells, separated from the
36 urothelial activin receptor ACVR2B/ACVR1B by a basement membrane containing accumulated
37 inhibitory ligand FST and by a layer of activin-negative myofibroblasts. This spatial information on
38 AFI signal molecules suggests that activin A-positive interstitial cells might regulate urothelial cell
39 function via paracrine signaling through activin A-ACVR2B/ACVR1B interaction. Further analysis
40 of the human bladder confirmed the expression profile of the AFI axis, and revealed significantly
41 upregulated expression of INHBA-ACVR2B in bladder cancer. These data suggest roles for these
42 molecules in the growth and metastasis of bladder cancer, and highlight their potential as diagnostic
43 and prognostic biomarkers.

44 **Keywords:** Activin signaling; follistatin; urothelium; epithelial-interstitial cell interaction

45

46 **Introduction**

47 Activin (ACT), inhibin (INH), and follistatin (FST) were initially isolated in the mid-1980s from
48 the follicle fluids of humans, pigs, rats, and other mammals as follicle-stimulating hormone (FSH)
49 modulators [1; 2; 3]. ACT was discovered to stimulate the pituitary gland to release FSH, while INH
50 and FST inhibited FSH release. FSH is central to sexual development and reproduction, signaling
51 the ovaries in females to produce estrogen and control the ovulatory and menstrual cycles, while
52 signaling the testes in males to produce testosterone and regulate spermatogenesis [4]. The activin-
53 follistatin-inhibin (AFI) axis is thus an important endocrine hormone system for animal reproductive
54 functions [5]. Although ACT, FST, and INH are secreted at the highest levels by pituitary cells and
55 gonads to regulate reproduction, subsequent studies have demonstrated that these proteins of the
56 AFI axis are also synthesized by many nonreproductive tissues and regulate numerous additional
57 biological activities [6; 7; 8].

58 Activins are dimers formed by β A or β B subunits as either heteromers (β A β B) or homomers (β A β A,
59 or β B β B), while activin β A or β B subunits dimerization with the inhibin α subunit forms the
60 inhibins (α β A, α β B) [6]. Activins bind to activin receptors type IIA (ACVR2A) and IIB (ACVR2B)
61 to activate serine-threonine kinase activity. Activin type II receptor autophosphorylation recruits
62 type I activin receptors to form a functional receptor complex. The activated receptor complex
63 initiates SMAD- signaling by phosphorylating the SMAD 2/3/4 complex, enabling its nuclear
64 translocation followed by transcriptional modulation of target genes [9]. The less well-understood
65 activins β C and β E are believed to serve as antagonists [6]. Inhibin binding to activin receptors also
66 antagonizes activin signaling, while FST directly binds to activins to promote their endocytosis and
67 lysosomal degradation. Beyond regulation of reproduction, activin signaling is increasingly

68 recognized as important in modulating development, aging, metabolism, tissue homeostasis, wound
69 healing, fibrosis, cancer, and inflammation [5].

70 Within the urinary system, the AFI axis has been proposed to contribute to prostate morphogenesis,
71 cell apoptosis, and tissue homeostasis [10]. mRNAs encoding the activin β A subunit and the type II
72 activin receptors have been detected in the rat urinary bladder [11], and increased bladder FST levels
73 were observed in a mouse model of cyclophosphamide-induced cystitis [12]. Increased $INH\beta A$
74 mRNA levels have also been reported in human bladder cancer [13; 14]. These preliminary reports
75 suggest possible roles of activin signaling in urinary bladder physiology and pathology. Thus, a
76 complete survey of the bladder wall expression and localization of ACT and related proteins
77 comprising the AFI axis should provide valuable information for further mechanistic understanding
78 of the AFI axis in bladder function and dysfunction.

79

80 **Material and methods**

81 **Materials**

82 Unless otherwise specified, all chemicals were obtained from Sigma (St. Louis, MO) and were of
83 reagent grade or better.

84 **Animals**

85 Both male and female C57BL/6J mice used in this study were aged between 12-16 weeks and were
86 purchased from Jackson Laboratory (Bar Harbor, ME). Mice were housed in standard polycarbonate
87 cages, maintained on a fixed 12-h light, 12-h dark cycle at 25°C, and had free access to regular food
88 and water. Mice were euthanized by inhalation of 100% CO₂, followed by the swift removal of the
89 bladder. Subsequent processing of the bladder was carried out according to the described method.
90 All animal studies were conducted in accordance with the National Institutes of Health guidelines
91 for animal care and use and were approved by the Animal Care and Use Committee of Beth Israel

92 Deaconess Medical Center under protocol #010-2022.

93 **Quantitative RT-PCR**

94 A fresh mouse bladder was homogenized in a glass tissue grinder, and 1 ml of TRIzol reagent
95 (Invitrogen, USA) was used to extract the total RNA according to the previous experimental
96 procedure [15]. The quality and quantity of the extracted total RNA were then assessed by a
97 Nanodrop 2000 spectrophotometer (Thermo Fisher Scientific, USA). After cDNA synthesis by the
98 reverse transcription of 1 µg total RNA using the SuperScript IV First-Strand Synthesis System
99 (#18091050, Invitrogen, USA), the gene expression levels in the bladder were subsequently
100 quantitated using the Maxima SYBR Green/ROX qPCR Master Mix kit (#K0222, Thermo Fisher
101 Scientific, USA) in the Applied Biosystems 7300 real-time PCR system (Thermo Fisher Scientific,
102 USA). Thermal cycling conditions were as follows: UDG pre-treatment at 50°C for 2 min, initial
103 denaturation at 95°C for 10 min, followed by 40 cycles of denaturation at 95°C for 15 s and
104 annealing/extension at 60°C for 60 s. The relative expression of individual genes was calculated
105 using the $2^{-\Delta\Delta C_t}$ method, with SDHA (succinate dehydrogenase complex, subunit A) serving as the
106 internal control. To compare the expression levels between males and females, and also among
107 different genes, we further chose the highest expressed gene as 100%. Primer details are available
108 in **Table 1**. The melting curves for each gene's primers are available in supplemental Figure 2.

109 **Western blot analysis**

110 Proteins were extracted using 500 µl RIPA buffer (150 mM NaCl, 50 mM Tris, 1% v/v NP-40, 0.5%
111 deoxycholic acid, and 0.1% w/v SDS, pH 7.4) containing protease inhibitors (Roche Applied
112 Science, USA) on ice. The protein concentration was determined using the Pierce BCA Protein
113 Assay Kit (#WF325489, Thermo Fisher Scientific, USA). Denatured protein species (50 µg per well)
114 were separated in 8-16% 12-well Tris-Glycine precast gels (NB12-816, NuSeq, USA) according to
115 standard protocols and were then blotted to polyvinylidene fluoride membranes (#ISEQ00010,
116 Sigma-Aldrich, USA). The membranes were blocked with 5% skimmed milk for 1 h and then
117 incubated overnight at 4°C with the primary antibody, followed by incubation with the
118 corresponding secondary antibody at room temperature for 1 hour. After three washes with TBS
119 containing 0.1% Tween 20, the membrane was exposed to the Western Lightning Plus-ECL reagent

120 (#203-22111, PerkinElmer, Netherlands) and scanned with an ArtixScan 1800f flatbed scanner
121 (Microtek International, Carson, CA). β -actin (1:1000, #MA1-744, Invitrogen, USA) was used as
122 an internal control, and contrast was corrected using Photoshop (San Jose, USA). The relative
123 intensity of protein bands was quantitated by Fiji software. Restore Western Blot Stripping Buffer
124 ((#sc-281698, Santa Cruz, USA) was used to elute antibodies for repeated staining. The protein
125 expression levels are compared between males and females with the high expressed one set as 1.
126 Antibodies details are available in **Table 2**.

127 **Immunofluorescence analysis**

128 Freshly excised bladders were fixed in 4% wt/vol paraformaldehyde (PFA) dissolved in 100 mM
129 sodium cacodylate (pH 7.4) buffer for 2 hours at room temperature. The fixed bladders were
130 preserved in tissue cassettes using an optimal cutting temperature (OCT) compound. Tissue was
131 then sectioned (5 μ M), and incubated overnight at 4°C with primary antibody (1:100), followed by
132 incubation with corresponding dye-conjugated secondary antibody (1:100 dilution). Nuclei were
133 stained with DAPI. Imaging was performed on a BX60 Olympus fluorescence microscope with
134 cellSens v4.3 software using a 40 \times /0.75 magnification objective. Images (512 & 512 pixels) were
135 saved as TIFF files. Fluorescent signals taken with different wavelengths were merged into one
136 image using Adobe Photoshop, and the contrast level of the final image was adjusted. Antibodies
137 details are available in **Table 2**.

138 **Gene expression of AFI axis components in human bladder cancer**

139 Gene expression analysis of AFI axis components in human bladder cancer tissue was performed
140 using The Cancer Genomics Atlas (TCGA) database. In RNA-seq data for 433 bladder cancer cases
141 from the TCGA database, we found 19 cases including data from both bladder cancer and from
142 adjacent “normal” bladder tissue as matched controls. The data from these 19 cases (10 males and
143 9 females) were analyzed in TPM (Transcripts Per Million) format. Complete gene expression
144 profiles of the bladder cancer cases were downloaded using The Genomic Data Commons (GDC)
145 Data Transfer Tool (<https://gdc.cancer.gov/access-data/gdc-data-transfer-tool>).

146 **Data analysis**

147 GraphPad Prism 8.3 software (San Diego, USA) was used for statistical analyses. All data are

148 expressed as means \pm SD, or presented as boxes and whiskers (extending from minimum to
149 maximum values). Data were analyzed by two-tail Student's t-test between two groups. $P < 0.05$
150 was considered significant.

151

152 **Results**

153 **Messenger RNA (mRNA) expression of AFI axis family genes in the mouse bladder**

154 We initially applied quantitative RT-PCR (qRT-PCR) to investigate the mouse bladder mRNA
155 expression profiles of 11 genes encoding the AFI axis family members. These genes included *Inha*,
156 *Inhba*, *Inhbb*, *Inhbc*, *Inhbe*, and *Fst* encoding AFI axis ligands, and *Acvr1*, *Acvr1b*, *Acvr1c*, *Acvr2a*,
157 *Acvr2b* encoding AFI axis receptors. Our data revealed in both male and female bladders abundant
158 expression of mRNAs encoding the four ligand subunit genes *Inha*, *Inhba*, *Inhbe*, and *Fst*, and the
159 three receptor subunit genes *Acvr1*, *Acvr1b*, and *Acvr2b* (Figure 1). The mRNA expression levels
160 of other ligand and receptor subunits were lower or even undetectable (Figure 1A). We then
161 compared gene expression levels between males and females. Ligand subunit genes *Inha*, *Inhbe*,
162 and *Fst* exhibited higher expression in male than in female mouse bladder, whereas *Inhba* was
163 expressed at higher levels in female than in male mouse bladder. The major receptor genes *Acvr2b*
164 and *Acvr1* were also expressed at higher levels in female than in male bladder (Figure 1A). The data
165 suggest that female bladders might exhibit higher levels of activin signaling than male bladders, but
166 the mechanism and physiological importance of this sexually dimorphic expression pattern remains
167 unclear.

168 **Western blot analysis confirms bladder expression of AFI axis family members**

169 We selected seven highly expressed AFI members for further Western blot analysis. As shown in
170 Figure 2, specific protein bands were detected for the ligand subunits INHA, INHBA, INHBE and
171 FST, with molecular values of 55, 42, 39, and 38 kDa. For AFI receptor subunits ACVR1, ACVR1B,
172 and ACVR2B, specific protein bands with molecular values of 57, 42, and 58kDa were detected
173 (Figure 2A-G). The observed differences in male and female protein expression (Figure 2H) were
174 generally consistent with the above-noted mRNA expression profiles.

175 **AFI axis family members are expressed in urothelial cells and in a subset of interstitial cells.**

176 We performed immunofluorescence microscopy and imaging to understand the cellular distribution
177 of these AFI ligands and receptors in the bladder wall. As shown in Figure 3, INHA is localized in
178 both urothelial cells and in the interstitial compartment. Urothelial cell INHA predominantly
179 colocalized with the cell membrane, counterstained with rhodamine-phalloidin to visualize the
180 membrane actin cortex (Figure 3A). INHA was also colocalized with ENTPD3 (Figure 3B), an ATP-
181 converting enzyme expressed in the urothelial cell basolateral membrane. INHA was also expressed
182 in a subset of interstitial cells distributed throughout the lamina propria and surrounding the smooth
183 muscle bundles. Interestingly, the INHA-positive interstitial cells were excluded from the tenascin
184 C-positive layer of lamina propria adjacent to the urothelial cells. These interstitial cells also
185 expressed the myofibroblast marker α SMA [16]. We thus concluded that INHA is expressed in non-
186 myofibroblast interstitial cells of the bladder wall (Figure 3C).

187 INHBA is predominantly detected in the lamina propria, where it colocalizes with INHA (Figure
188 4A). INHBA also seems to be expressed in interstitial cells dispersed among the smooth muscle
189 bundles, but with relatively weaker intensity. This expression profile is also evident in INHBA co-
190 stained with CD34, another biomarker for bladder wall interstitial cells (Figure 4B). Same as for
191 INHA, the INHBA-positive cells are not tenascin C-positive, and thus not myofibroblasts (Figure
192 4C). We could not find specific and immunolocalization-competent antibodies that recognize
193 INHBE.

194 FST exhibited a unique expression profile, shown in Figure 5. FST colocalized neither with INHA
195 in urothelial cells (Figure 5A) nor with the interstitial cell biomarker CD34 (Figure 5B).
196 Interestingly, FST was detected immediately subjacent to the basal, KRT5-positive urothelial cells,
197 (Figure 5C). FST partially colocalized with tenascin C as well (Figure 5D). Thus, FST appears to
198 be found in a unique thin basement membrane-like structure between the urothelial cells and the
199 underlying myofibroblasts.

200 Each of the three receptor subunits ACVR1, ACVR1B, and ACVR2B exhibited similar staining
201 patterns in urothelial cells, as shown in Figures 6, 7, and 8, but not in other bladder wall cell types.

202 ACVR1, ACVR1B, and ACVR2B colocalized with the urothelial basolateral membrane proteins
203 ENTPD3 and ALPL (alkaline phosphatase) (Figures 6A&B, 7A&B, and 8A&B) [17; 18]. They also
204 colocalized with KRT5 in urothelial basal cells (Figures 6C, 7C, and 8C). Thus, the activin/inhibin
205 receptors of the bladder are expressed predominantly in urothelial basolateral membranes.

206 **AFI axis family members exhibit altered expression profiles in human bladder cancer.**

207 The AFI axis has been proposed to play an important role in the growth and metastasis of bladder
208 cancer [13; 14]. We therefore analyzed gene expression profiles of AFI axis components in the
209 TCGA database. As compared to the AFI axis expression profile in mouse bladder, *INHBB* and
210 *ACVR2A* were highly expressed in human bladder, whereas expression of *Inhbb* and *Acvr2a* in
211 mouse bladder was near the detection threshold (Figures 1 and 9). Of particular interest, expression
212 of *INHBA* and *ACVR2B* were increased in bladder cancer in both males and females, as compared
213 to adjacent normal bladder tissue (Figure 9).

214 **Discussion**

215 The proteins of the AFI axis are part of the TGF- β superfamily, and the AFI axis plays an important
216 role in regulating reproductive function, tissue development, insulin sensitivity (energy supply),
217 muscle wasting, and osteoporosis [19; 20; 21; 22]. Although initially discovered in the ovary,
218 pituitary, and gonads, later studies indicated a wide distribution of the AFI axis in many organs. The
219 role of the AFI axis in bladder physiology has previously been little investigated. However, our qRT-
220 PCR and Western blot data revealed high expression of 7 gene products in both male and female
221 mouse bladders (Figures 1 and 2), suggesting a potential role of the AFI axis in bladder tissue
222 homeostasis. Analysis of the TCGA database also revealed the expression of 9 AFI genes in male
223 and female human bladders (Figure 9), confirming the relevance of the AFI axis in human bladder
224 function.

225 *INHA* is the essential subunit of dimeric inhibin ligands containing different β subunits [6], and our
226 qRT-PCR and western blot analyses each detected *INHA* expression in mouse bladder. However,
227 among the 4 β subunits we examined, only *INHBA* and *INHBE* were detected. These data suggest
228 that *INHA* and *INHBA* could dimerize to form Inhibin A, and *INHBA* homodimers could form

229 activin A in the bladder wall. INHBE might also be able to dimerize with INHA and INHBA, but
230 information on the dimerization and function of this subunit is limited.

231 INHA was also detected in the human bladder, but at apparently lower levels of expression than in
232 mouse bladder, and at lower expression levels than those of INHBA, FST, and other AFI genes
233 (Figures 1 and 9). Although INHBA was highly expressed in both human and mouse bladders,
234 INHBB was detected at levels comparable to that of INHBA in the human bladder, whereas INHBA
235 was expressed at a low level in the mouse bladder. The combined presence of INHA, INHBA, and
236 INHBB in the human bladder suggests a potentially complex protomer dimerization pattern yielding
237 activin A, activin B, activin AB, inhibin A, and inhibin B [6]. Although the dominant (dimeric)
238 activins and inhibins of the human bladder require further investigation, the increased expression of
239 INHBA and decreased INHBB expression together suggests that activin A might be a major agonist
240 stimulating bladder cancer growth and metastasis, and thus could serve as a biomarker for bladder
241 cancer diagnosis and prognosis [13; 14].

242 Activin binds to receptors ACVR2A or ACVR2B to initiate cellular signaling, and ACVR2B is a
243 major subunit in the mouse bladder wall. Upon binding, ACVR2B can phosphorylate ACVR1B or
244 ACVR1C receptors to form a receptor complex. As ACVR1B is the dominant subunit in the mouse
245 bladder, ACVR2B/ACVR1B may constitute the principal functional receptor complex in the mouse
246 bladder wall. ACVR1 is activated by bone morphogenic proteins (BMPs) [23], which are also
247 expressed in the bladder. The ability of activin ligation of ACVR2B to recruit ACVR1 in the bladder
248 wall remains unclear.

249 In addition to ACVR2B, ACVR2A was also significantly expressed in the human bladder,
250 suggesting potentially complex functional roles for AFI signaling in the human bladder wall. It is
251 noteworthy that ACVR2B expression increased significantly in human bladder cancers of both
252 males and females, whereas ACVR2A expression was unchanged (Figure 9). This pattern suggests
253 the potential involvement of activin A ligand binding to the ACVR2B receptor in promoting bladder
254 cancer growth and metastasis.

255 Our morphological study on cellular localization in the mouse bladder further implies a potential
256 signaling mechanism in the bladder wall. As shown in Figure 6-8, ACVR2B/ACVR1B receptor

257 complex is only present in urothelial cells, but not in other types of cells, suggesting its importance
258 in modulating urothelial function. However, the major stimulatory ligand activin A is detected only
259 in the non-myofibroblast interstitial cells. Interestingly, the inhibitory subunit INHA is also present
260 in the urothelial cell layer, and colocalizes with activin A signaling in interstitial cells as well.
261 Moreover, the inhibitory FST ligand is found in a thin basement membrane-like barrier between the
262 urothelial ACVR2B/ACVR1B receptor complex and the stimulatory ligand activin A in bladder
263 interstitial cells. This FST barrier is likely synthesized by a subset of myofibroblasts or fibroblasts
264 in the lamina propria, and high levels of FST mRNA expression have been demonstrated in these
265 cells by single-cell RNA sequencing of both human and mouse bladders [24]. Activin A is further
266 separated from the urothelial cells by the myofibroblast cell layer beneath the FST barrier. This
267 spatial distribution of receptors and ligands seems to provide no accessible stimulatory ligands for
268 the ACVR2B/ACVR1B receptor complex (Figure 10A). This situation might reflect normal
269 conditions of urothelial cell quiescence with rare cell proliferation. However, in pathological
270 conditions such as tissue injury or cancer, this FST and myofibroblast barrier might be disrupted,
271 allowing activin A to cross the FST barrier and activate the ACVR2B/ACVR1B receptor complex
272 in urothelial cells as a paracrine signal (Figure 10B). Activin A-positive interstitial cells in this
273 scenario might also migrate across the FST barrier and form scar tissue.

274 The cellular localizations of AFI axis components in the human bladder require further investigation.
275 However, the predominantly upregulated INHBA and ACVR2B in the human bladder are fully
276 consistent with the major AFI components and their orthologs in the mouse bladder, suggesting the
277 importance of these particular AFI molecules and potentially similar localization and functional
278 similarity. Elevated stromal activin A release from substrates of increasing stiffness has been shown
279 to promote ligand-dependent epithelial cell migration and epithelial-to-mesenchymal transition
280 (EMT) in the context of carcinogenesis [25]. In addition to INHBA, reported as the most upregulated
281 gene in human bladder cancer, we also observed upregulation of ACVR2B in bladder cancer.
282 Knockdown of INHBA inhibited bladder cancer cell proliferation and migration in culture [14].
283 Thus, the unique spatial distribution of the ACVR2B/ACVR1B receptors, the isolated stimulatory
284 activin A ligand, and the inhibitory inhibin A and FST barrier appear tightly regulated for tissue

285 homeostasis (Figure 10). Future research endeavors should focus on the mechanistic understanding
286 of AFI components, their interactions, and their involvement in the normal, diseased, and
287 malignantly transformed bladder tissue.

288 In summary, we have identified the AFI axis members in the bladder wall and determined their
289 cellular localizations. We further proposed a working model for the potential mechanism of AFI
290 signaling across multiple bladder tissue layers, in which interstitial cells' paracrine agonist activins
291 signal urothelial cells for possible cell regeneration or tumorigenesis.

292

293 **Authors' contributions**

294 W.M performed quantitative RT-PCR, Western Blot, immunofluorescent staining, and microscopy
295 imaging, data collection/analysis, writing of original draft. T.Z performed quantitative RT-PCR and
296 data collection/analysis. H.C performed immunofluorescent staining and microscopy imaging. S.B.
297 performed Western Blot. Z.W, A.O, and S.L.A contributed to the conception, data interpretation,
298 and writing. W.Y conceived and supervised the project, and wrote the manuscript. All authors
299 critically reviewed the manuscript and discussed ideas and results. All authors read and approved
300 the final manuscript.

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305 **Availability of data and materials**

306 The datasets used and analyzed during the current study are available from the corresponding author
307 upon reasonable request.

308 **Declarations**

309 **Ethics approval** All animal studies were conducted in accordance with the National Institutes of
310 Health guidelines for animal care and use and were approved by the Animal Care and Use
311 Committee of Beth Israel Deaconess Medical Center under protocol #007-2022.

312 **Competing interests**

313 All the authors declared no competing interests.

314

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387

388 **Figure legends**

389 **Figure 1. mRNA expression of AFI axis family members in the bladder of male and female**
390 **mice.**

391 **A.** Differences in mRNA expression of *Inha*, *Inhba*, *Inhbb*, *Inhbc*, *Inhbe*, and *Fst* in the bladder of
392 male and female mice. **B.** Differences in mRNA expression of *Acvr1*, *Acvr1b*, *Acvr1c*, *Acvr2a*, and
393 *Acvr2b* in the bladder of male and female mice. (n=3, Data were analyzed with the use of Student t
394 test, **p < 0.01, ***p < 0.001)

395 **Figure 2. Protein expression of AFI axis family members in the bladder of male and female**
396 **mice.**

397 **A-G.** Western blot analysis of INHA (**A**), INHBA (**B**), INHBE (**C**), FST (**D**), ACVR1 (**E**), ACVR1B
398 (**F**), ACVR2B (**G**) in both male and female mouse bladder (25 µg protein loaded). **H.** Differences
399 in protein expression of AFI axis family members in the bladder of male and female mice. (n=4,
400 molecular values of major detected protein species are indicated at the right of each panel. Data
401 were analyzed with the use of a two-tailed Student t test, **p < 0.01, ***p < 0.001)

402 **Figure 3. Localization of INHA in mouse bladder.**

403 Cryosections of mouse bladder tissue were labeled with INHA antibody (green) and rhodamine
404 phalloidin (**A**), or antibodies to ENTPD3 (**B**) or Tenascin C (**C**); all displayed in red. Nuclei were
405 labeled with DAPI (blue). *Far right:* merged images. Arrowheads indicate tight junctions of
406 umbrella cells. L, bladder lumen. U, urothelium. Scale bars = 10 µm.

407 **Figure 4. Localization of INHBA in mouse bladder.**

408 Cryosections of mouse bladder tissue were labeled with INHBA antibody (red) and INHA (**A**), or
409 antibodies to CD34 (**B**), or Tenascin C (**C**); all displayed in green. Nuclei were labeled with DAPI
410 (blue). *Far right:* merged images. L, bladder lumen. U, urothelium. Scale bars = 10 µm.

411 **Figure 5. Localization of FST in mouse bladder.**

412 Cryosections of mouse bladder tissue were labeled with FST antibody (red) and INHA (**A**), or
413 antibodies to CD34 (**B**), or KRT5 (**C**) or Tenascin C (**D**); all displayed in green. Nuclei were labeled

414 with DAPI (blue). *Far right*: merged images. L, bladder lumen. U, urothelium. Scale bars = 10 μ m.

415 **Figure 6. Localization of ACVR1 in mouse bladder.**

416 Cryosections of mouse bladder tissue were labeled with ACVR1 antibody (green) and ALPL (A),
417 or antibodies to ENTPD3 (B) or KRT5 (C); all displayed in red. Nuclei were labeled with DAPI
418 (blue). *Far right*: merged images. L, bladder lumen. U, urothelium. Scale bars = 10 μ m.

419 **Figure 7. Localization of ACVR1B in mouse bladder.**

420 Cryosections of mouse bladder tissue were labeled with ACVR1B antibody (green) and ALPL (A),
421 or antibodies to ENTPD3 (B) or KRT5 (C); all displayed in red. Nuclei were labeled with DAPI
422 (blue). *Far right*: merged images. L, bladder lumen. U, urothelium. Scale bars = 10 μ m.

423 **Figure 8. Localization of ACVR2B in mouse bladder.**

424 Cryosections of mouse bladder tissue were labeled with ACVR2B antibody (green) and ALPL (A),
425 or antibodies to ENTPD3 (B) or KRT5 (C); all displayed in red. Nuclei were labeled with DAPI
426 (blue). *Far right*: merged images. L, bladder lumen. U, urothelium. Scale bars = 10 μ m.

427 **Figure 9. mRNA expression of AFI axis family members in human bladder cancer.**

428 Differences in mRNA expression of AFI axis components in male (A, n=10) and female (B, n=9)
429 bladder cancer compared to the adjacent “normal” tissue. (Data were analyzed with the use of a
430 two-tailed Student t-test, **p < 0.01, ***p < 0.001)

431 **Figure 10. Location and possible mode of action of AFI family members in the bladder.**

432 Possible modes of action of 7 family members in the normal (A) and injured (B) uroepithelium. In
433 normal urothelium, a layer of myofibroblasts under the FST barrier further separates activin A from
434 urothelial cells. In injured urothelium, the FST and myofibroblast barriers may be disrupted,
435 allowing activin A to cross the barrier and act as a paracrine signal to activate the
436 ACVR2B/ACVR1B receptor complex in urothelium.

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440 **Table 1.** Primers used for RT-qPCR.

AFI	Sequence of primers (5'-3')	441
Acvr1	CCATTGAAGGGCTCATCACCAC	442
	CCGTTCTCTGTACCAGGAAAGG	
Acvr1b	ACGAAGATGCAATTCTGGAGG	443
	TCTTTCCCATCACTCGCAAG	
Acvr1c	GCTGACATCTATTCGGTGGG	444
	TTTGGGAGATTTGGTCCGAG	
Acvr2a	GCGACATTGTTTTGCTACCTG	445
	ACACATATTGCCCTCACAGC	
Acvr2b	AAGCCTTCTATTGCCACAG	446
	TCAAACCGAACAGCCAGG	447
Fst	TGTAATCGGATTTGCCCAGAG	
	CACACTGGATATCTTCACAGGAC	448
Inha	CTAGACAGAAAGGGCACAGG	
	AGGGTCAACAGCAAAAGGAG	449
Inhba	ATCACCTTTGCCGAGTCAG	
	TGCTGAAATAGACGGATGGTG	450
Inhbb	TCCGAGATCATCAGCTTTGC	
	GGGAGCAGTTTCAGGTACAG	451
Inhbc	TGACAGGGACAGCAACATTG	
	GGACAGAAGTGGGAACAGAG	452
Inhbe	CTGCTTCTGTATCCTCTTTGGG	
	CTTCTACTCTGCACCCACAC	453
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Antibody Name	Manufacturer	Catalog Number	Application, dilution
Inha	ABclonal	A1734	WB, 1:1000
Inha	BIOSS	Bs-1032R	IF, 1:100
Inhba	R&D system	AF338	WB, 1:1000; IF, 1:100
Inhbe	BIOSS	Bs-16658R	WB, 1:1000; IF, 1:100
Fst	R&D system	AF669	WB, 1:1000; IF, 1:100
Acvr1	ABclonal	A19274	WB, 1:1000
Acvr1	Proteintech	67417-1-Ig	IF, 1:100
Acvr1b	ABclonal	A21140	WB, 1:1000
Acvr1b	BIOSS	Bs-6018R	IF, 1:100
Acvr2b	BIOSS	Bs-12417R	WB, 1:1000
Acvr2b	Invitrogen	PA5-28231	IF, 1:100
β -actin	Invitrogen	MA1-744	WB, 1:1000
Entpd3	R&D system	AF4464	IF, 1:100
Tenascin C	R&D system	3358-TC-050	IF, 1:100
Alpl	R&D system	AF2910	IF, 1:100
CD34	Abcam	ab8158	IF, 1:100
Krt5	Biologend	905901	IF, 1:100